Varalakshmi Vratham Procedure with Mantras

Here is the detailed varalakshmi vratham pooja procedure or method with puja vidhi with mantras, list of items required, Sankalpam, Lakshmi Ashtottram, thorabandhana mantram, vayana daana mantram, etc..

The procedure includes Anga Puja, Shodashopachar Puja, Thoragrandhi Puja, Mantra Pushpam, Thorabandhanam, Vayana Vidhi, Varalakshmi Vratha Katha, etc.

Items or things required:

- Face of Goddess Lakshmi (available in market)
- Haldi (turmeric powder)
- Kumkum
- Chandanam (sandal wood paste)
- Akshatha (consecrated rice)
- Betel leaves (Thamalapaakulu)
- Bananas - 12
- Coconut - 3
- Thoram (sacred thread made of 9 strings)
- Milk
- Panchamritham
- Dry Date fruits
- New blouse pieces for Kalasham, decoration of puja place
- Maamidi Thoranam (Mango leaves' garland) & Mango leaves
- Flowers
- Naivedyams (based on your traditional recipes) (Payasam, Purnam Boorelu, Appam, etc)
- Fruits

Prerequisite steps for Varalakshmi Puja & Decoration of Puja Place

On a wooden plank or plate keep Lakshmi idol. Pooja mandapam or the Goddesss idol should be faced East. Clean the idol, lamps, bronze or steel pot & other pooja vessels. On the plank or peeta, spread few cups of rice.

Put Chandanam & Kumkum on four sides of the pot. Fill slightly more than half the pot with rice. Place betel nuts, betel leaves, dry date fruits (Kharjura), one coin (silver or copper or other available) inside the pot. Apply turmeric, chandanam, kumkum to a coconut (with husk or without – as per traditions) and place it on top of the pot surrounded by mango leaves.

The tail of the coconut should be upward. Decorate the Goddess' face and fix that against the coconut, fixing back tightly against the pot and tie it with a thread.

Decorate the pot and the face of the Goddess with jewels, dress, etc. and keep a new blouse piece. Now, place this over the rice on the plate. Keep a small garland and light a lamp at the Goddess.

Before any puja, Ganapathi Pooja is performed.

Vigneshwara (Ganapathi) Pooja:

Make a cone shaped turmeric Ganesha (Haridra Ganapathi)
by mixing turmeric powder and few drops of water. Visualise Lord Ganesha and chant
Suklam Bharadharam Vishnum
Sashivarnam Chaturbhujam
Prasanna vadanam dhyayeth
Sarvavignopa Shantaye
Worship Lord Ganesha to give all the strength to perform Varalakshmi Vratham without any obstacle.

Varalakshmi Vratha Sankalpam & Kalasha Puja:
Clasp the right palm over the left palm holding a flower, akshatra and place them on the right thigh and chant

Evamguna viseshana visistayamasyam shubha thithou, asmakam saha kutumbanam kshema sthairya vijaya ayur arogya aishwarya abhivridhyartham, dharmartha kaama moksha chaturvidha purushartha siddhyartham, ishta kamarthya siddhyartham, sathsanthana soubhaya shubha phalavapyartham varshe varshe prayuktham varalakshmi muddhishya varalakshmi preethyartham bhavishyottara purana kalpoktha prakarena yavaschakti dhyanavahanadhi shodashopachara pujan karishya. Thadan gathwena kalasha pujan karishya. Kalashe gandha pushpa akshathair abhyarcha, kalasha shyopari hastham nidhaya.

Shloka:

Kalashasya mukhe Vishnu
Kante rudra samasritha
Moole thathra sthitho brahma
Madhye mathru ganaa smrutha
Kukshouthu sagara ssarve
Sapta dweepa vasundhara
Rugvedoda yajurveda
Samavedoh atharvana
Angaischa sahita ssarve
Kalashambu samasritha
Ayanthu lakshmi pujartham
Durithakshaya karaka
Gangecha yamune chaiva Godavari saraswati
Narmade sindhu kaveri jalesmin sannidhim kuru
Evam kalasha puja

Varalakshmi Puja begins now:

Padmasane padmakare sarvalokaika pujithe,
Narayana priye devi supreetha bhava sarvada.

Shodasha Upachara Puja begins:

Dhyanam

Visualise the Goddess and pray to her by chanting this mantram
Ksheerodarnava sambhuthe kamala kamalalaye,
Susthirabhava may gehe surasura namaskruthe
Sri Varalakshmi devatham dhyayami

Avahanam (Invocation)

Visualise Goddess Varalakshmi in mind and offer flower or Akshatha to Kalasha or Haridra Ganapathi. Thereby we invoke the Goddess in the idol or image.

Sarvamangala mangalye Vishnu vaksha sthalalaye,
Avahayami devee thwaam supreetha bhava sarvada,
Varalakshmi devatham avahayami

Aasanam (offering seat)
Offer flowers at the feet and chant Aasanam Samarpayami shloka
Suryayutha nibha spoorthe sphura drathna vibhushitham,
Simhasana midham devee stheeyatham sura pujithe,
Rathna simhasanam samarpayami

Arghyam (washing hands)

Offer one spoon of water from the glass with water to the empty cup. Chant arghyam samarpayami slokam
Shuddodakam cha pathrastham gandha pushpadhi mishritham,
Arghyam dasyami the devee gruhaana sura pujithe,
Arghyam samarpayami

Paadhyam

Suvasitha jalam ramya sarva theertha samudbhavam,
Paadhyam gruhaana thwam sarvadeva namaskruthe,
Paadhyam samarpayami

Aachamanam (Inner Purification)

Offer one spoon of water from the cup with water to empty cup and chant Aachamanam samarpayami slokam
Suvarna kalashaa neetham chandanagaru samyutham,
Gruhaana achamanam devee mayaa dattham shubhapradhe,
Aachamaneeyam samarpayami

Panchamrutha Snanam (offering bath with Panchamrita)

Offer bath with few drops or a spoon of panchamritham to the Goddess by chanting the below sloka
Payodadhi gruthopetham sharkaramadhu samyutham,
Panchamrutha snanamidham gruhaana kamalalaye,
Panchamrutha snanam samarpayami

Shuddodaka Snanam (offering bath with pure water)

Offer bath with few drops or a spoon of water to the Goddess by chanting the below sloka
Gangajalam mayaaneetham mahadeva shirasthitham,
Shuddodaka snanamidham gruhaana vidhu sodhari,
Shuddodaka snanam samarpayami

Vasthra yugmam (offering dress)

Offer a cotton thread made of cotton, haldi, kumkum & chandan paste by chanting the below slokam
Surarchitanghri yugale dukoola vasana priye,
Vasthrayugmam pradasyami gruhaana hari vallabhe,
Vasthra yugmam samarpayami

Abharanam (offering jewelry)

Offer any jewelry or akshatra to the Goddess by chanting this stotram
Keyura kankane divye haaranupura mekhala,
Vibhushananya moolyani gruhaana rushi pujithe,
Abharanani samaryami

Upavitham

Offer akshata or flowers or chandan paste to the Goddess by chanting Upavitham slokam
Thaptha hema krutham suthram muktadama vibhushitham,
Upavitha midham devi gruhaana thwam shubhapradhe,
Upavitham samarpayami

Gandham

Offer gandham (chandanam paste) to the Goddess
Karpuragaru kasturi rochanadhi bhiranvitham,
Gandham dasyamyaham devee prithyartham prathigruhyatham,
Gandham samarpayami

Akshatha (Offering consecrated rice)

Offer akshatha to the Goddess
Akshatha dhavala devi shaliyam sthadula shubha,
Haridra kumkumopetha gruhyathaa mabdhi puthrike,
Akshatha samarpayami

Pushpa Puja (offering flowers)

Offer flowers to the Goddess by chanting this slokam.
Mallika jaaji kusumai champakairva kulaisthatha,
Shathapathrai scha kalharai pujayami haripriye,
Pushpai pujayami

Adhanga Puja

Offer akshata and flowers or gandham to the Goddess by chanting the below mantrams
Chanchalayai namaha padhau pujayami
Chapalayai namaha januni pujayami
Peethambara dharayai namaha ooroo pujayami
Kamala vasinyai namaha katim pujayami
Padmalayayai namaha naabhim pujayami
Madanamathre namaha sthanau pujayami
Lalithayayai namaha bhujadwayam pujayami
Kambh kantyai namaha kantam pujayami
Sumukhayai namaha mukham pujayami
Shreeyai namaha oshtau pujayami
Sunasikayai namaha nasikam pujayami
Sunethrai namaha nethram pujayami
Ramaayai namaha karnau pujayami
Kamalayai namaha shirah pujayami
Varalakshmai namaha sarvaagani pujayami

Ashtottara Shatanama Puja

Now, chant the Lakshmi Astottra shatanamavali (108 names of Goddess Lakshmi)...
Om prakrityai namah .
Om vikrityai namah .
Om vidyaayai namah .
Om sarvabhuutahitapradaayai namah .
Om shraddhaayai namah .
Om vibhuutyai namah .
Om surabhyai namah .
Om paramaatmikaayai namah .
Om vaache namah .
Om padmaalayaayai namah .
Om padmaayai namah .
Om shuchaye namah .
Om svaahaayai namah .
Om svadhaayai namah .
Om sudhaayai namah .
Om dhanyaayai namah .
Om hiranmayyai namah .
Om laxmyai namah .
Om nityapushhtaayai namah .
Om vibhaavaryai namah .
Om adityai namah .
Om ditye namah .
Om diipaayai namah .
Om vasudhaayai namah .
Om vasudhaarinyai namah .

Om kamalaayai namah .
Om kaantaayai namah .
Om kaamaaxyai namah .
Om krodhasambhavaayai namah .
Om anugrahapradaayai namah .
Om buddhaye namah .
Om anaghaayai namah .
Om harivallabhaayai namah .
Om ashokaayai namah .
Om amritaayai namah .
Om diiptaayai namah .
Om lokashokavinaashinyai namah .
Om dharmanilayaayai namah .
Om karunaayai namah .
Om lokamaatre namah .
Om padmapriyaayai namah .
Om padmahastaayai namah .
Om padmaaxyai namah .
Om padmasundaryai namah .
Om padmodbhavaayai namah .
Om padmamukhyai namah .
Om padmanaabhapriyaayai namah .
Om ramaayai namah .
Om padmamaalaadharaayai namah .
Om devyai namah .
Om padminyai namah .
Om padmagandhinyai namah .
Om punyagandhaayai namah .
Om suprasannaayai namah .
Om prasaadaabhimukhyai namah .
Om prabhaayai namah .
Om chandravadanaayai namah .
Om chandraayai namah .
Om chandrasahodaryai namah .
Om chaturbhujaayai namah .
Om chandraruupaayai namah .
Om indiraayai namah .
Om indushiitalaayai namah .
Om aahlaadajananyai namah .
Om pushhtayai namah .
Om shivaayai namah .
Om shivakaryai namah .
Om satyai namah .
Om vimalaayai namah .
Om vishvajananyai namah .
Om tushhtayai namah .
Om daaridryanaashinyai namah .
Om priitipushhkarinyai namah .
Om shaantaayai namah .

Om shuklamaalyaambaraayai namah .
Om shriyai namah .
Om bhaaskaryai namah .
Om bilvanilayaayai namah .
Om varaarohaayai namah .
Om yashasvinyai namah .
Om vasundharaayai namah .
Om udaaraa.ngaayai namah .
Om harinyai namah .
Om hemamaalinyai namah .
Om dhanadhaanyakarye namah .
Om siddhaye namah .
Om strainasaumyaayai namah .
Om shubhapradaaye namah .
Om nripaveshmagataanandaayai namah .
Om varalaxmyai namah .
Om vasupradaayai namah .
Om shubhaayai namah .
Om hiranyapraakaaraayai namah .
Om samudratanayaayai namah .
Om jayaayai namah .
Om mangalaa devyai namah .
Om vishhnuvaxassthalasthitaayai namah .
Om vishhnupatnyai namah .
Om prasannaaxyai namah .
Om naaraayanasamaashritaayai namah .
Om daaridryadhv.nsinyai namah .
Om devyai namah .
Om sarvopadrava vaarinyai namah .
Om navadurgaayai namah .
Om mahaakaalyai namah .
Om brahmaavishhnushivaatmikaayai namah .
Om trikaalagyaanasampannaayai namah .
Om bhuvaneshvaryai namah .
Om Ashottara shatanama pujam samarpayami

Dhupam (offering dhupam or Agarbatti)

Offer Agarbatti (incense sticks) to the Goddess by chanting the below mantram
Dashangam guggulopetham
Sugandham cha manoharam
Dhupam dasyami deveshi
Varalakshmi gruhaana tham Dhupam samarpayami

Deepam (offering deepa or light)

Light a deepam by chanting this mantram
Ghrutakthavarthi samyuktam andhakaaram vinashakam,
Deepam dasyami the devi gruhaana muditha bhava,
Deepam samarpayami

Naivedyam (offering food items)

Offer naivedyam (fruits / food items & coconut) by chanting this mantra
Naivedyam shasrasopetham dadhi madhwajya samyutham,
Naanaa bakshya phalopetham gruhaana harivallabhe,
Naivedyam samarpayami
While offering naivedyam, offer water (Paaneeyam)
Ghanasaara sughandena mishritham pushvasitham,
Paaneeyam gruhyatham devi sheethalam sumanoharam,
Paaneeyam samarpayami

Thamboolam (offering betel nut & betel leaves)

Offer thamboolam (betel leaves, betel nut, dry date fruits & rupee coins)
Poogeephala samayuktam nagavalli dalairyutham,
Karpurachurna samyuktam thamboolam prathigruhyatham,
Thamboolam samarpayami

Neerajanam (offering Aarti)

Offer Aarathi with burning camphor to the Goddess by chanting the below mantra
Neerajanam samaaneetham karpurena samanvitham,
Thubhyam dasyamyaham devi gruhyatham Vishnu vallabhe,
Neerajanam samarpayami

Mantra Pushpam (offering the garland of Mantras)

Offer akshata by chanting the Mantrapushpam
Padmasane padmakare sarvalokaika pujithe,
Narayanapriye devi supreetho bhava sarvadaa,
Mantrapushpam samarpayami

Pradakshina (offering circumambulations)

Just do five self-circumambulations by chanting the mantram
Yanikanicha paapani janmanthara kruthanicha,
Thani thani pranashyanthi pradakshina pade pade

Namaskaram (offering prayers)

Offer namaskarams by chanting this mantram
Samastha loka jananee namasthe Vishnu vallabhe,
Pahimam bhakta varadhe varalakshmi namo namaha
Sri varalakshmi devathayai namaskaaraan samarpayami

Atha Thoragranthi Puja (worshipping the Thoram or sacre thread)

Worship the Thoram or sacred thread by offering gandham, haldi, kumkum, akshata & flowers by chanting this Thoragranthi mantram
Kamalayai namaha prathama granthim pujayami
Ramayai namaha Dwiteeya granthim pujayami
Lokamatre namaha thrutiya granthim pujayami
Vishwajananyai namaha chaturtha granthim pujayami
Mahalakshmyai namaha panchama granthim pujayami
Ksheerabhi thanayayai namaha sashtama granthim pujayami
Vishwa sakshinyai namaha saptama granthim pujayami
Chandra sodaryai namaha ashtama granthim pujayami
Harivallabhayai nahama navama granthim pujayami

Thorabandhanam (tying the sacred thread)

Tie the sacred thread yourself to your right wrist while chanting the below mentioned Varalakshmi Vratham Thorabandhana Mantram
Badnami dakshine hasthe navasuthram shubhapradam,
Putrapauthrabhi vruddhincha sowbhagyam dehi mey rame.

Vaayanaa Vidhi

Evam sampujya kalyaneem varalakshmi swa shaktitha,
Daathavyam dwadashapoopam vaayanam hi dwijathaye.
After performing Thorabandhanam, offer Vayanam to the Goddess. Then, offer to other married women.

Vayana Daana Mantram

Offer vayanam to other married women by chanting this mantram
Indiraa prathigruhnathu indiraa vai dadaathi cha,
Indiraa tharakobhabhyam indirayai namo namaha.

Ithi pooja vidhanam sampurnam (It concludes the Varalakshmi Vratham Puja procedure).

Charumathi, a Brahmin woman lived in a town, Kundina. She was very humble and kind in her nature. She was very much devoted to her husband and family.

One night, Goddess Laxmi appeared in her dream and told her to worship Vara Laxmi and seek her blessings. Goddess Laxmi also explained the Vrata procedure and the best day to observe Vara Laxmi Vrata. Laxmi asked Charumathi to observe Varalaxmi Vrataon the Friday just before Shravan Purnima, the Full Moon day in Shravan Month.

Charumathi informed about the dream to his husband and family. She also told to her friends and the word spread throughout the town. On the Friday before Shravan Purnima, Charumathi along with her family, friends and the women of the town observe Vara Laxmi Vrata. They worshipped Vara Laxmi with utmost devotion and offered special recipes and fruits to please her.

Goddess Vara Laxmi appeared before them and granted boons to all of them. Their houses were filled with grains, diamonds, jewels and gold. They all lived happily in their rest of life. Since the time, women have begun observing Vara Laxmi Vrata every year on the specific Friday.

And take theertha & prasada and also distribute among other devotees.

Next day a small puja (Punar Puja) is performed to mark the conclusion of Varalakshmi puja. On Sunday morning, Goddess Lakshmi is lifted from the Puja place and kept safe for next year's Varalakshmi Puja.

After the completion of Varalakshmi Puja, the coconut which is used on the top of Kalasham should be broken and the water in it should be thrown to any plant like Tulsi or any other flowering plants which are away from the stamping of human. The biodegradable waste like flowers, turmeric, kumkum, and many other material should be thrown in a well or in nearby fresh flowing water which are not stamped by human.